

Medical Experiments

GMT	Crew	Activity
06:00-06:10	.	Morning inspection
06:10-06:20	.	Post-sleep
06:20-06:50	.	TV-downlink. IBMP 40th anniversary message (To=06:20, T1,T2,T3 from СПП)
06:50-07:00	FE-1	MO-8. Setup
06:50-07:00	CDR	Calf volume measurement
07:00-07:15	CDR	Body mass measurement
07:00-07:10	FE-1	Calf volume measurement
07:15-07:40	CDR	Post-sleep
07:15-07:30	FE-1	Body mass measurement
07:30-07:40	FE-1	MO-8. Closeout ops
07:40-07:55	FE-1	HEMATOCRIT. Hematocrit measurement
07:40-07:50	CDR	HEMATOCRIT. Hematocrit measurement
07:50-08:45	CDR	BREAKFAST
07:55-08:45	FE-1	BREAKFAST
08:45-08:55	FE-1	Regeneration of Ф1 absorbent bed in БМП (end)
08:55-09:05	FE-1	Regeneration of Ф2 absorbent bed in БМП (start)
08:45-09:05	CDR	Work prep
09:05-09:20	.	Daily planning conference (<i>S-band</i>)
09:20-12:20	FE-1	Changeout of ACY items
09:20-09:50	CDR	Crew adaptation and station familiarization
09:50-10:35	CDR	Monthly TVIS maintenance
10:35-11:35	CDR	Physical exercise (TVis)
11:35-11:40	CDR	Weekly TVIS maintenance
11:40-11:45	CDR	CSA-CP: O2 readings
11:50-12:50	CDR	Installation of new MEC software
12:20-12:50	FE-1	Changeout of ACY urine receptacle (МП) and filter-insert (Ф-В)
12:50-13:20	CDR	HRM software setup
12:50-13:50	FE-1	Physical exercise (VELO + Load Trainer-1 / Day 2)
13:20-14:20	CDR	LUNCH
13:50-14:50	FE-1	LUNCH
14:20-14:35	CDR	Reconnect all PCS following MDM C&C transition
14:35-15:40	CDR	HRF – file prep for transfer to laptop
14:50-14:55	FE-1	Inspection of БРПК separator
14:55-15:55	FE-1	Crew adaptation and station familiarization
15:40-15:55	CDR	Crew adaptation and station familiarization
15:55-16:15	FE-1	IMS file prep
15:55-16:05	CDR	CWC audit
16:05-16:20	CDR	Journal entry
16:15-16:45	FE-1	COЖ maintenance

16:20-16:55	CDR	HRF – autoload end
16:45-18:15	FE-1	Physical exercise (TVIS-2)
16:55-18:25	CDR	Physical exercise (RED)
18:15-18:40	FE-1	Daily plan review
18:25-18:40	CDR	Crew adaptation and station familiarization
18:40-18:55	.	Daily planning conference (<i>S-band</i>)
19:00-19:30	.	Work prep
19:30-20:00	.	DINNER
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP

Task List	FE-1	Equipment search
-----------	------	------------------

Note: See OSTP for US procedure references

End of radiogram